

Centralized Church Launch

Freedom Session Centralized Model: Participants watch the Freedom Session Video teaching together in a large room and then break off into small groups for discussion.

- Participants register through the church and are assigned a small group. This makes it easy for new or unconnected people to attend and find community.
- Church staff can refer people to a Freedom Session Foundations course as part of their counseling or personal discipleship path.
- FS Foundations and Authentic Living are visibly placed in your discipleship strategy, making them normative in your church. These are excellent courses for new believers and those returning to church. Long-time church members can sign up without being under suspicion.
- Creates a large group momentum and positive peer encouragement. Participants see they are not alone or “different” than other Christians. All of us have struggles.
- Allows for a closer measure of pastoral oversight and leadership equipping. Live worship can be added to all or select Sessions.
- With our updated teaching videos, churches can intentionally decentralize for selected sessions, meeting in small groups member’s homes instead of the church building.
- Church wide graduations are a community celebration and excellent advertisement for ongoing success. It is the testimonies of those who complete the course that creates momentum.



De-Centralized Church Launch

Freedom Session De-centralized Model: Church selects/approves Freedom Session Hosts who start their own groups, normally meeting in homes. If desired, a church can bring numerous groups together for certain sessions and/or graduation to build momentum and provide encouragement.

- Scalable for any size church. Easy to administer. Pastoral staff brings hosts together monthly or quarterly for encouragement, trouble-shooting and support.
- Easily fits into your current small groups strategy.
- Can start at any time of year. If hosted in homes, facility support is not needed.
- More options to join a group. More evenings Freedom Session is available.
- Easily incorporates into men's or women's ministries.
This is a great resource for men's ministry. Men are longing for deep relationships and accountability but need a structure like FS to make it meaningful. Women's groups are already used to deeper discussion and homework and readily embrace the intentionality of Freedom Session.
- Active small groups can take a break from current curriculum and give themselves a season to apply God's word to their emotional and relational health.
- Groups can individually choose whether to meet in person or online. Where possible, in person groups provide the best experience.
- Churches can advertise and offer registration for "open groups" with more seasoned Freedom Session Hosts who are willing to take in people they do not know.



Freedom Session Hybrid Model: Launch a centralized Freedom Session Foundations course (usually September or January) and then add additional small groups (decentralized) throughout the year as interest demands. This model has all the strengths of both centralized and decentralized models and is often the preferred model for large churches.